

Books Every Leader Must Read



We are often asked about books that may help our clients continue with their growth journey and whilst the following list is not exhaustive, it contains seminal titles from respected thought leaders of our times. We hope you find them enriching and beneficial to your personal and organisational success.

- [The 7 Habits of Highly Effective People](#), by Stephen Covey
- [Presence](#), by Amy Cuddy
- [Mindfulness](#), by Mark Williams and Danny Penman
- [The Confidence Gap](#), by Russ Harris
- [Thinking, Fast and Slow](#), by Daniel Kahneman
- [Immunity to Change](#), by Robert Kegan and Lisa Laskow Lahey
- [The Brain that Changes Itself](#), by Norman Doidge, MD
- [The Five Things We Cannot Change](#), David Richo
- [Man's Search for Meaning](#), by Viktor E. Frankl
- [Change Your Thinking](#), by Sarah Edelman, PhD
- [Women and Leadership](#), by Deborah L. Rhode
- [Simple Habits for Complex Times](#), by Jennifer Garvey Berger and Keith Johnston
- [Quiet: The Power of Introverts in a World That Can't Stop Talking](#), by Susan Cain
- [Breaking Through Gridlock: The Power of Conversation in a Polarized World](#), by Jason Jay and Gabriel Grant
- [The Practice of Adaptive Leadership: Tools and Tactics for Changing Your Organisation and the World](#), by Marty Linsky, Ronald A. Heifetz and Alexander Grashow

- [How to Have a Beautiful Mind](#), by Edward De Bono
- [Crucial Conversations: Tools for Talking When Stakes Are High](#), by Kerry Patterson, Joseph Grenny, Ron McMillan and Al Switzler
- [Me, Myself, and Us: The Science of Personality and the Art of Well-Being](#), by Brian R. Little
- [Focus: The Hidden Driver of Excellence](#), by Daniel Goleman
- [Popular: The Power of Likability in a Status-Obsessed World](#), by Mitch Prinstein
- [Taming Toxic People: The Science of Identifying and Dealing with Psychopaths at Work and at Home](#), by David Gillespie
- [Influential Leadership: A Leader's Guide to Getting Things Done](#), by Colin Gautrey

[Ruby Campbell, MScCoachPsych, MBA\(Exec\), PhD](#) is an International Executive Coach dedicated to helping leaders and organizations thrive in the 21st Century. She founded [ProVeritas Group Pty Ltd](#) in 2009 after a successful 27-year international career in the pharmaceutical industry as a senior executive in APAC and the US. She was Adjunct Professor at the UNSW Business School in 2010-2016 and continues to work with postgraduate students as a mentor. Ruby is also a researcher and writer with a passion for leadership, gender equality, cultural diversity and promoting STEM careers. She is a mother, wife and life-long learner (hence her multiple degrees).

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